



# Rutland County HEALTH PARTNERS

## ANNUAL REPORT 2025

Rutland County Health Partners Free Care Clinic

### Mission

“To provide a path to improved health for those in need in Rutland County.”

### Executive Summary

Rutland County Health Partners Free Care Clinic (RCHP) experienced a year of significant change and new challenges in 2025. A vacancy in the Executive Director position created difficulties for both the Board of Directors and clinic operations. Fortunately, dedicated volunteers and board members stepped forward to fulfill essential leadership responsibilities, ensuring that patient care continued without interruption until a new Executive Director was hired and trained.

Medical clinics continued as scheduled throughout the year. This period of transition also allowed the clinic to identify and address operational gaps, strengthening internal processes and ensuring best practices were followed in delivering care to all who sought our services.

### Programs and Services

RCHP offers one to three medical clinics each week to adults aged 18 and older. Patients are seen by appointment or walk-in for routine health exams, treatment of minor illnesses and injuries, immunizations, health education, and nutrition counseling. When necessary, patients are referred to specialty medical or dental services.

Additional services include Nicotine Cessation Intervention, specialty screening programs for women through the YouFirst and Wise Women Programs, and enrollment assistance for Medicaid.

### Community Impact

Through our services, programs, and community partnerships, uninsured residents are able to receive essential health care that many take for granted. The clinic assists with both medical needs and social determinants of health, including food and housing insecurity, and provides preventive screenings that can detect potentially life-threatening conditions early.

The following patient stories illustrate the impact of our work:

- A 56-year-old male with a traumatic brain injury and limited literacy who had not received medical care in many years and was experiencing food insecurity. He received a physical examination at the clinic and assistance enrolling in the Supplemental Nutrition Assistance Program (SNAP). With support from the RRMC Community Health Team, he successfully established primary care at Community Health Centers of the Rutland Region.
- A 45-year-old female assisted with YouFirst enrollment. She received a mammogram at RRMC funded by YouFirst, which identified multiple abnormalities. RCHP referred her to RRMC Women’s Health and subsequently to RRMC Surgical Services.
- A 52-year-old female enrolled in YouFirst and received cervical screening through Women’s Health. Abnormal results led to referral for a LEEP (Loop Electrosurgical Excision Procedure).



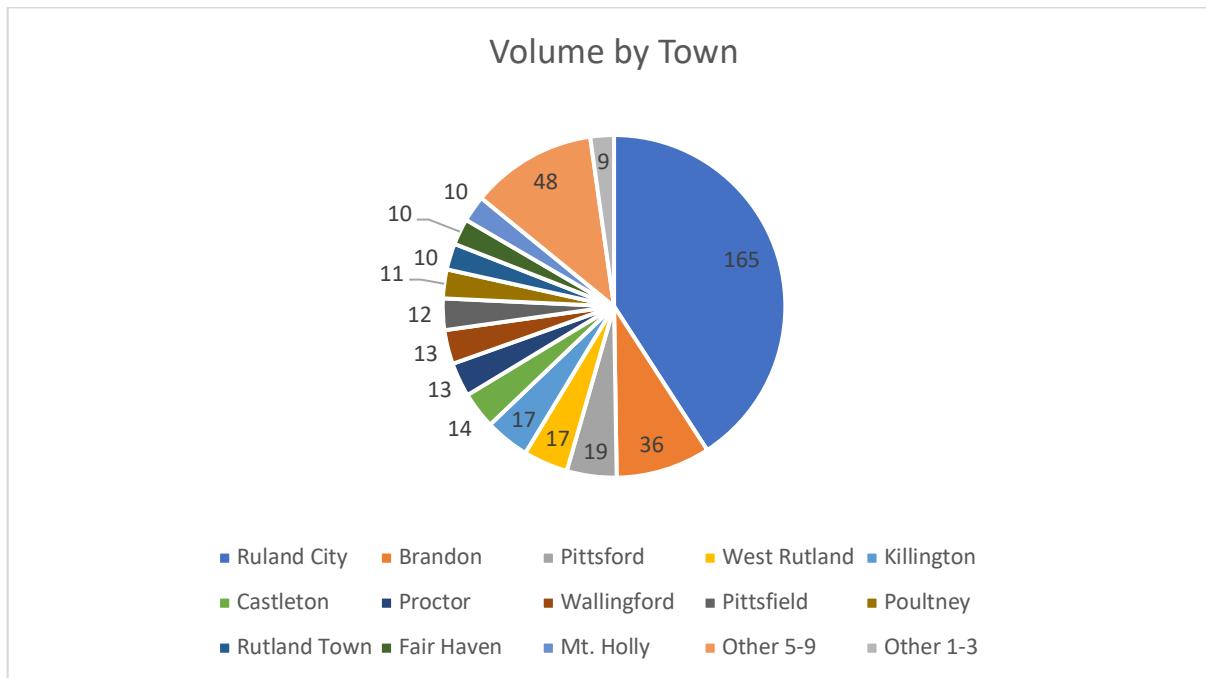
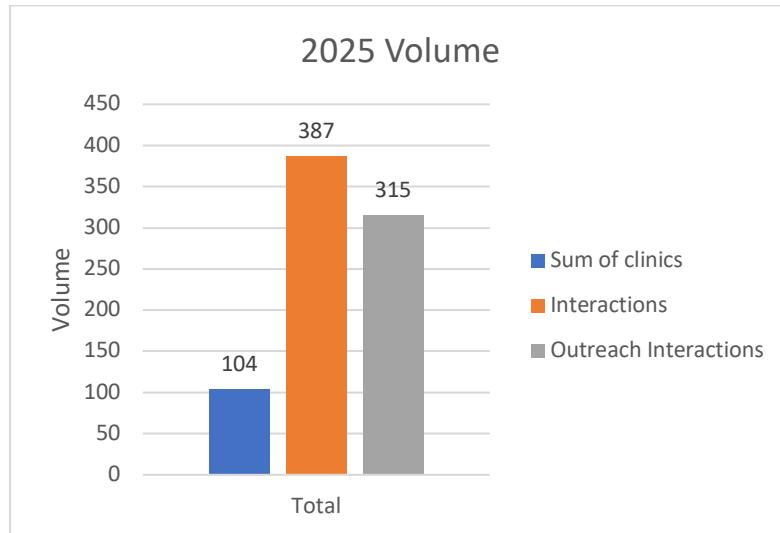
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The Outreach Care Team continues to work collaboratively to meet the needs of individuals experiencing homelessness. The team, which includes members from Rutland City Police, Vermont Department of Health, RCHP, and the Medical Reserve Corps, interacted with 315 individuals in 2025. Weekly visits to encampments provided medical screenings, referrals, and essential hygiene and health supplies.

In the spring of 2026, the Mobile Health Unit will begin traveling to towns throughout Rutland County to assist individuals who are unable to travel to the clinic.

### By the Numbers

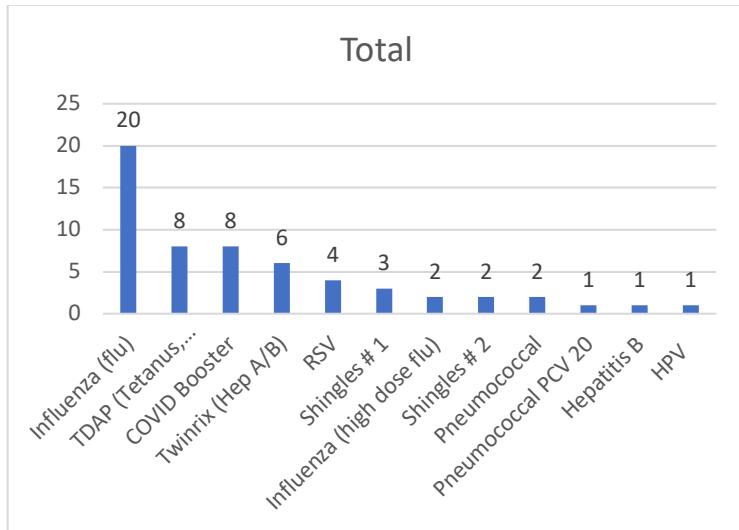
- 104 medical clinics held
- 387 patient encounters
- 315 community outreach encounters
- 26 towns served





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## Immunizations



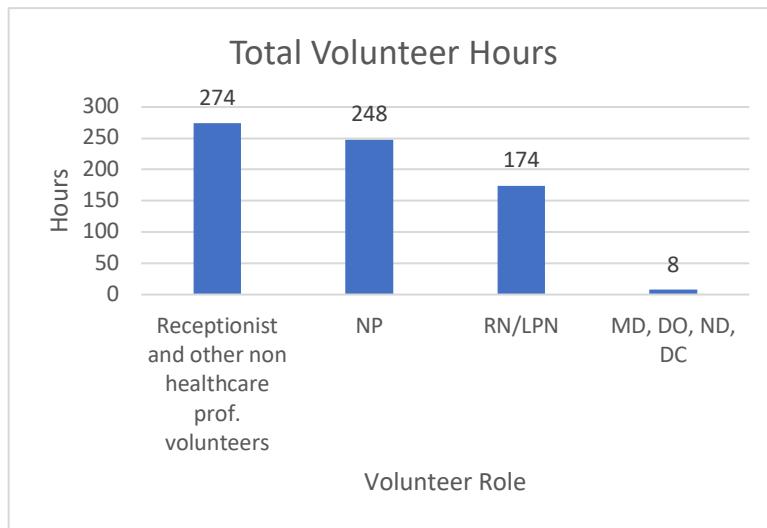
58 immunizations given

- Uninsured
  - Under 65 – 42 patients
  - 65+ - 5 patients
- Under Insured
  - Under 65 – 1 patient
  - 65+ - 10 patients

## Volunteers

Without our volunteers, the clinic could not operate. Each clinic is staffed by at least one medical provider (Nurse Practitioner or Physician) and one Registered Nurse, along with additional support volunteers who make our services possible.

- 704 Volunteer Hours
- \$43,916 Estimate of In-kind donated services





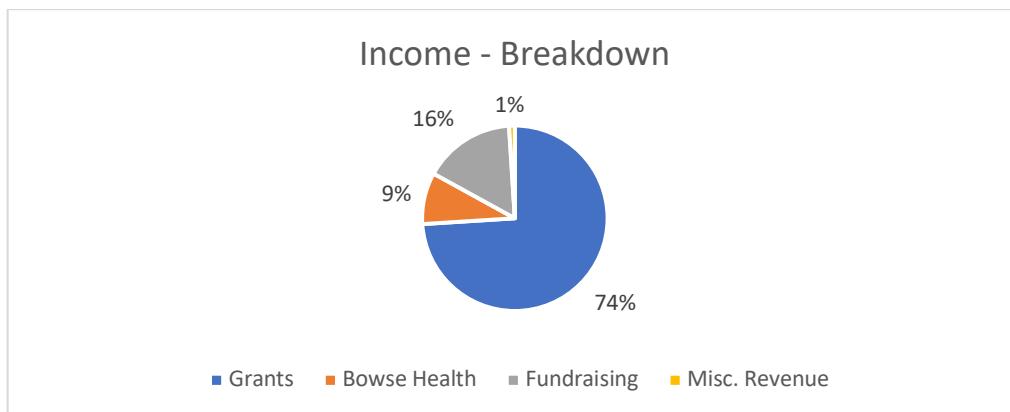
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## Financials

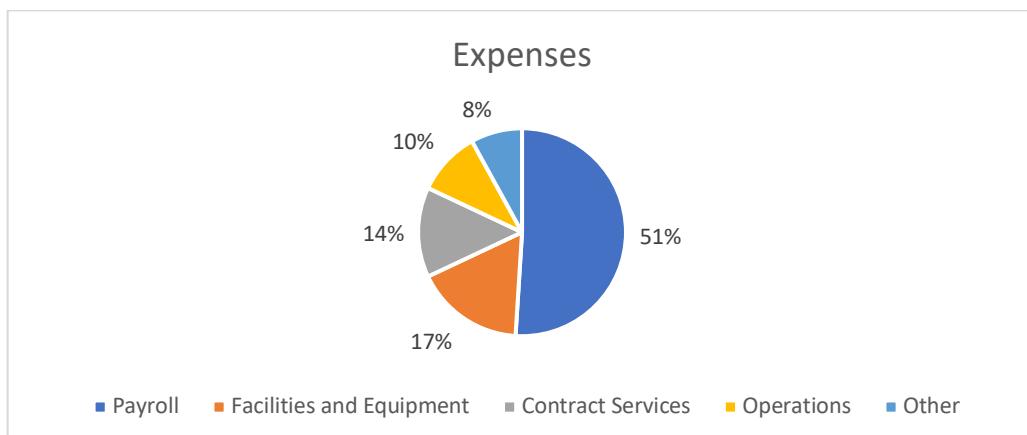
RCHP continues to maintain a strong financial position thanks to support from the Vermont Coalition of Clinics for the Uninsured, United Way of Rutland County, Bowse Health Trust, and other grantors, as well as generous business and individual donors. The clinic remains in a strong financial position, supported by cash reserves sufficient to meet projected needs for the coming year.

We are especially grateful to United Way of Rutland County for their \$7,450 contribution, which helped cover the cost of vaccines not provided by the Vermont Department of Health. Rutland Regional Medical Center continues to support our mission with an annual donation of \$15,000. Other consistent supporters include Grace Congregational Unity Church and Grace Church Women's Ministries, Rutland Elks Lodge, Wallingford Community Thrift, and five of the county's towns: Rutland City, Fair Haven, Killington, Danby, and Pawlet.

## Income



## Expenses





# Rutland County HEALTH PARTNERS

## Looking Ahead

Despite the challenges presented in 2025, it was an overall successful year for Rutland County Health Partners Free Care Clinic. We recognize that the needs in our community continue to grow, and our goals for the coming year have been developed with this reality in mind. We look forward to expanding our services in 2026 to ensure we remain true to our mission of improving access to care for those in need.

## Goals for 2026

### Dental Services

- Host two community dental events
- Re-establish in-house dental services, with a goal of three dental clinics in 2026 in partnership with the Vermont Department of Health

### Mobile Health Program

- Provide two mobile clinics per month throughout the county
- Visit a minimum of eight towns within Rutland County

### Volunteer Base

- Increase both clinical and non-clinical volunteers by 10%

### Fundraising

- Increase total charitable contributions from individuals, businesses, and towns by 25%